

Pleasant Valley  
Church of Christ

3317 Amidon  
Wichita KS 67204  
(316) 838-4195  
www.letjesusleadus.org

## Schedule of Services

### Sunday

Classes . . . . . 9:30 am  
Worship . . . . . 10:30 am  
Evening . . . . . 6:00 pm

### Wednesday

Classes . . . . . 7:30 pm

The Pleasant Valley Church of Christ is a non-denominational group of believers who are committed to following Jesus in our attitudes, our relationships, and our worship. If you want the same thing in your life, please contact us. We'd like to help.

Unless otherwise noted, all scripture quotations are from the New King James Version Bible, Thomas Nelson Publishers.

# Wings



*"But those who wait on the Lord shall renew their strength;  
they shall mount up with wings like eagles" (Isaiah 40:31)*

March 16, 2008

## The cave of Adullam

by Eric Hamilton

David had everything made after defeating Goliath. His victory of faith not only assured that the Philistines would no longer humiliate God, but it also gave David quite a few perks.

David had even become the hero of a song sung by the women of Israel. Saul sent David on more military campaigns, and in each one David triumphed, garnering him more fame. David even became the king's son-in-law, a high honor in this time period. Everything was going great—or so David thought.

In fact, Saul sent David out on these missions in hope that David would meet his end. And Saul allowed David to marry Michal, because he thought that Michal would be a snare to David. David was unaware of the trouble he was getting into, until Saul twice attempted to kill him with a spear.

After this, David's life took a downward spiral. David had to go on the run to escape the hand of Saul. He fled to the Philistine city of Gath, the home town of Goliath. To escape being put to death by the king of Gath, David had to pretend insanity. David eventually came to the cave of Adullam (1 Sam. 22).

Not much is said about the period David spent in the cave. It was in this cave that David wrote the 142nd Psalm (ESV):

*With my voice I cry out to the LORD; with my voice I plead for mercy to the LORD.*

*I pour out my complaint before him; I tell my trouble before him.*

*When my spirit faints within me, you know my way! In the path where I walk they have hidden a trap for me.*

*Look to the right and see: there is none who takes notice of me; no refuge remains to me; no one cares for my soul.*

*I cry to you, O LORD; I say, "You are my refuge, my portion in the land of the living."*

*Attend to my cry, for I am brought very low! Deliver me from my persecutors, for they are too strong for me!*

*Bring me out of prison, that I may give thanks to your name! The righteous will surround me, for you will deal bountifully with me.*

David had hit the lowest point of his life. God had shown him the heights of fame, and now the depths of complete abandonment. Where were those who sang David's praises now?

After we become Christians and we have had a few victories in our own personal battles, we may encounter setbacks that can cause us to wonder if those victories ever happened in the first place. David is an example of where to put our faith, even in the darkest of times. Perhaps we cannot see how God will pull us out of the cave. Perhaps we cannot see the light at the end of the tunnel. But we can have faith that God can pull us out and show us the light, even though we do not see it ourselves.

God did bring David up out of the cave of Adullam. David's family and many others came to David, seeking him for leadership. Part of being a well-rounded leader is not just learning how to handle victory, but how to handle defeat as well. So too for us, how we handle setbacks shows our faith just as much as it shows how we handle our victories.